

Today's Square Dance

It's not what you think it is

"It's teamwork. You're working a real-time puzzle with seven other people. And when you nail the outcome, it's really quite exhilarating."



Photo by Brian Elmer

Today's Square Dancing is not heehaw music, frilly clothes or cowboy shirts. It's not even dancing. (There's no artsy self-expression involved.) It's just walking to music. It's a little like football, except without the concussions. You've got formations. You've got a team around you. You've got plays sent in by the caller. The challenge is, can you run your route successfully?

Now granted, the team is coed. But that's a feature. If you enjoyed geometry in high school, you'll get a kick out of this stuff.

The music you walk to ranges from the Beatles to modern hits. Today's Square Dancing is great exercise for the body and brain. You'll walk several miles a night, and your mind will be challenged.

Pure Fun

Free Intro Party Square Dancing & Dessert

Fast &
Challenging

Wilmette Park District

Monday, August 28, 7:30 - 9:30 pm

3000 Glenview Road, Wilmette

Classes begin September 11

Same time, same location

<http://www.wilmettepark.org> 123238-02

Kenilworth Park District

Thursday, August 31, 7:30 - 9:30 pm

410 Kenilworth Ave, Kenilworth

Classes begin September 7

7:30 - 9:30 pm, 600 Ivy Court

<http://ezregister.com/events/20608/>

For more information: NorthShoreSquares.com
To participate you must be able to sustain a fast walking pace.
No dress code. No experience needed. No partner required.



 North Shore Squares

