

Today's Square Dance

It's not what you think it is

"It's teamwork. You're working a real-time puzzle with seven other people. And when you nail the outcome, it's really quite exhilarating."

Photo by Brian Elmer



Today's Square Dancing is not heehaw music, frilly clothes or cowboy shirts. It's not even dancing. (There's no artsy self-expression involved.) It's just walking to music. It's a little like football, except without the concussions. You've got formations. You've got a team around you. You've got plays sent in by the caller. The challenge is, can you run your route successfully?

Now granted, the team is coed. But that's a feature. If you enjoyed geometry in high school, you'll get a kick out of this stuff.

The music you walk to ranges from the Beatles to modern hits. Today's Square Dancing is great exercise for the body and brain. You'll walk several miles a night, and your mind will be challenged.

Pure Fun

Free Intro Party
Square Dancing & Dessert
Sunday, August 27, 6:00 - 8:00 pm
Glenview Park Center, 2400 Chestnut, Glenview

Fast & Challenging

Classes begin Tuesday, September 5, 7:30 - 9:30 – same location

Square Dancing moves quickly. To participate you must be able to sustain a fast walking pace.

There is no dress code. Wear comfortable shoes.

No experience needed. No partner required.

Registration: GlenviewParks.org

For more information: GlenviewSquares.org

